

Be cool and chic this summer in the Mia Shift Dress. This is a pull-over design, so no need to worry about a zipper! With only two pattern pieces featuring simple darting, bias bound neckline and armholes, this dress is a snap to make.

Variations include using contrasting fabrics for the bindings and plain or ruffled hemband as well as layering of fabrics. This design is the perfect canvas to showcase border print fabrics and those with large motifs.

The classic A-line silhouette of the shift dress ensures a flattering fit for every body type, and with the option of 5 hemlines, very versatile. It can be worn as a shirt, tunic, or flowy dress.

See inside for more color photos of variations



	XXS	XS	S	M	L	XL	XXL
Bust	32	34	36	38	40	42	44
Waist	24	26	28	30	32	34	36
Hips	34	36	38	40	42	44	46

Shift Dress Length	All Sizes, 45" width fabric
Tunic	1 3/4 yd.
Above Knee	2 yd.
Knee	2 1/4 yd.
Mid-Calf	2 5/8 yd.
Maxi	3 yd.
<i>*All above yardages include enough fabric for self binding armholes and neckline</i>	
<i>For layered dresses, buy yardage from each fabric in the desired length.</i>	
Pieced Maxi Dress from 6 fabrics: 5/8 yd. of EACH	
Contrasting Design Elements	
Armhole/Neckline Binding	1/4 yd.
Hemband, plain	1/3 yd.
Hemband, ruffled	1/2 yd.
Contrast for pieced ruffle	1/8 yd.

Fabric suggestions: cotton lawn, cotton voile, rayon, double gauze, lightweight linen, silk, or quilting cotton

Other Supplies:
 Cotton/polyester thread
 Fabric marking pencil
 Rotary cutter, ruler, & mat

Optional:
 Hand embroidery thread
 Embroidery Needle
 Ruffler Foot Attachment

SDG-151
 Mia Shift Dress

